



THE ROCKLAND HARBOR YMCA INVITES YOU TO OUR...

2019 Youth Basketball Invitational

WHO: Non-AAU Girls and Boys teams made up of community 5th and 6th Graders.

DATES: BOYS = March 1st, 2nd, & 3rd (Registration Deadline is February 15th)
GIRLS = March 8th, 9th, & 10th (Registration Deadline is February 22nd)
The first 8 teams in each division to pay will receive a spot.

WHERE: Flanagan Community Center
61 Limerock Street
Rockland, ME 04841
(207) 594-0321

FEES: \$175 per team

AWARDS: Championship team trophy and individual awards, Runners-up team trophy.

TOURNAMENT GUIDELINES:

- 1) All teams should arrive and be ready to play 30 minutes prior to game time.
- 2) Tournament is double elimination (a round robin may be used if the tournament does not fill).
- 3) Tournament is open to 6th graders and under, and is open to YMCA's, Recreation Departments or similarly organized groups.
- 4) Team rosters are limited to 15 players maximum.
- 5) Team shirts must be the same color with legal numbers on the back side of the shirt.
- 6) Admission is \$4 per day for adults and \$2 for students. (Concessions will be available in our Gameroom)
- 7) Conduct is very important here at the Rockland YMCA. We will expect good behavior from the players, coaches, and fans. Inappropriate behavior may result in forfeiture and expulsion from the tournament.

TOURNAMENT GAME RULES:

- 1) A regulation women's size basketball (28.5) will be used for both divisions (Girls and Boys).
- 2) Games will consist of 4 six minute quarters (stopped time), 1 minute between quarters and 5min half-time.
- 3) Overtime will be 3 minutes.
- 4) If a team is ahead by 20 points or more, they will not be allowed to press in the backcourt.
- 5) Each team will receive two time outs per half and one per overtime, they will not carry over.
- 6) The coach of each team is responsible for the proper conduct of his/her players, other coaches, and fans associated with the team. Improper behavior could result in a forfeit from the tournament.
- 7) All protest will be handled by the YMCA staff. The decision rendered will be final.
- 8) **If not noted otherwise above, high school rules will be in effect.**

If you have any further questions please contact:

Benjie Blake

Sports & Camping Director

ROCKLAND HARBOR YMCA

61 Limerock Street, Rockland, Maine 04841

(P) 207-594-0321 (F) 207-236-8458

(E) bblake@penbayymca.org

(W) www.penbayymca.org



ROCKLAND HARBOR YMCA

2019 Youth Basketball Invitational

PLEASE CHECK ONE: ☐ **BOYS = March 1st, 2nd, & 3rd. (Registration Deadline is February 15th)**
☐ **GIRLS = March 8th, 9th, & 10th. (Registration Deadline is February 22nd)**

Please understand that the tournament may fill before these dates and is on a first come first serve basis.

Organization
represented _____

Head Coach _____
Phone: _____

Email
Address: _____

Assistant
Coaches _____

Team Name (as you'd like in the program) _____ Uniform Color _____

(please PRINT clearly and accurately as this is the information that will go in our tournament program)

	NAME	GRADE	UNIFORM #
1)			
2)			
3)			
4)			
5)			
6)			
7)			
8)			
9)			
10)			
11)			
12)			
13)			
14)			
15)			

PLEASE RETURN COMPLETED FORM AND PAYMENT TO:

Flanagan Community Center
C/O Benjie Blake | 61 Limerock Street | Rockland, ME 04841



ROCKLAND HARBOR YMCA 2019 LUNCH TIME FESTIVITIES

Be sure to stick around during our Saturday lunch break and compete in the LUNCH TIME FESTIVITIES. This is a series of competitions that give all the children on your team a chance to compete for an individual trophy. While the children are not competing they can grab a bite to eat at our concession stand.

The 4 different events include a three point shooting contest, a passing skills competition, a skills course competition, and a foul shooting competition. Since this is designed to get all players involved...

Each player is limited to participating in one event only.

3 POINT CONTEST

Each shooter will have 45 seconds to shot 12 balls (4 balls from 3 different locations) and don't forget the all important MONEY BALL (the last ball from each rack) worth 2 points. The three point shooting contest is an individual event. The 3 Point Contest is limited to 3 people from each team.

PASSING SKILLS COMPETITION

The passing skills competition contest has a target you must pass balls into. Run much like the 3 point contest, competitors will have 45 seconds and 12 balls (4 balls from 3 different locations) and yes the money ball comes into play again. Both chest and bounce passes will be used. The passing skill competition is an individual event. The 3 Passing Skills Contest is limited to 3 people from each team.

SKILLS COURSE TIMED COMPETITION

New to the tournament this year we present our skills course competition. The course will combine shooting, dribbling, passing, and lay-ups in a small obstacle course style event. Players will be timed in the first round to see who can complete the course the fastest. Once the first round is over the 2 fastest times will give it another go in the championship round where the fastest time will be declared the champion.

Speed, agility, and most of all skill will be tested in this fun event. The Skills Course Competition is limited to 3 people from each team.

FOUL SHOOTING COMPETITION

And last but not least is the foul shooting competition. This is a classic foul shooting event in that each player will shoot 10 foul shots. The player who makes the most wins. In the case of a tie the competitors will shot 5 more until a champion is decided. The foul shooting competition is an individual event.

The Foul Shooting Contest is open to all players not competing in another event.